The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition

The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition The sexual practices of quodoushka teachings from the nagual tradition delve into a profound and often esoteric aspect of spiritual and mystical practices rooted in indigenous and shamanic traditions. Originating from the nagual tradition—an ancient spiritual lineage emphasizing transformation, spiritual awakening, and mastery over one's reality—these teachings incorporate unique perspectives on sexuality as a vessel for spiritual power, healing, and enlightenment. Understanding these practices requires a nuanced exploration of the spiritual philosophy, cultural context, and the transformative goals they aim to achieve. --- Overview of the Nagual Tradition Origins and Core Principles The nagual tradition is primarily associated with indigenous cultures of Mesoamerica, particularly the Maya and Nahua peoples. It emphasizes the role of a spiritual guide or shaman (nagual) who acts as an intermediary between the physical and spiritual worlds. Key principles include: - Spiritual transformation and awakening - Connection to natural forces and spirits - Personal mastery over reality - Use of ritual and symbolism to attain higher states of consciousness The Role of the Nagual in Spiritual Practices Naguals serve as healers, seers, and spiritual teachers. Their practices often involve: - Rituals and ceremonies - Dreamwork - Meditation and trance states - Use of sacred substances and symbols This tradition views sexuality not merely as physical intimacy but as a sacred force that can be harnessed for spiritual development. --- Understanding Quodoushka in the Context of Nagual Teachings What is Quodoushka? Quodoushka is a term originating from indigenous teachings that describe sacred sexual practices. It is often associated with sacred sexuality, emphasizing the spiritual significance of sexual energy. Within the nagual framework, quodoushka teachings elevate sexuality to a spiritual act, integral to personal transformation and alignment with divine energies. 2 The Intersection of Quodoushka and Nagual Philosophy The teachings see sexuality as: - A powerful energy source that can be cultivated - A sacred act that aligns with spiritual principles - A means for healing and ascension - A tool for connecting with divine forces and achieving higher consciousness --- Core Sexual Practices in Quodoushka from the Nagual Tradition 1. Sacred Union and Energy Exchange In quodoushka teachings, sexual union is viewed as a sacred ritual that facilitates: - The exchange of vital life force (often called prana, chi, or ki) - Activation of higher chakras and energy centers - Alignment with the divine feminine and masculine energies Practitioners often focus

on: - Conscious breathing during intimacy - Mindful awareness of energy flow - Intention-setting before sexual acts 2. Rituals and Intentional Practices Sexual encounters are performed with specific rituals to amplify spiritual power: - Setting sacred space with symbols, incense, or chants - Invoking spiritual guides or ancestors - Focusing on intentions such as healing, awakening, or manifestation These rituals transform ordinary sexual acts into spiritual ceremonies. 3. The Use of Sacred Symbols and Symbols Practitioners incorporate symbols like: - Sacred geometries - Totems or spirits - Personal talismans to enhance the energetic and spiritual significance of their practices. 4. The Practice of Tantric-Like Techniques While distinct from classical Tantra, quodoushka teachings include: - Controlled arousal to extend pleasure and energy flow - Breathwork to circulate energy throughout the body - Post-orgasmic retention to conserve and direct energy 5. Meditation and Focused Energy Cultivation Before and after sexual activity, practitioners may engage in: - Meditation to visualize the flow of energy - Chanting or mantra recitation - Visualization of light or divine energies entering and leaving the body --- Benefits of Practicing Quodoushka Sexualities in the Nagual Tradition 3 Spiritual Empowerment Engaging in these practices can lead to: - Increased spiritual awareness - Enhanced intuition and psychic abilities - Deepened connection with divine energies Healing and Emotional Restoration Sacred sexual practices can facilitate: - Healing of emotional wounds - Release of trauma and blockages - Restoring balance to mind, body, and spirit Personal Transformation and Mastery Practitioners often experience: - Greater self-awareness - Mastery over energetic states - Expansion of consciousness Physical and Mental Well-being The practices promote: - Improved vitality and health - Reduced stress and anxiety - Enhanced intimacy and relationships --- Guidelines and Ethical Considerations Consent and Respect All practices emphasize: - Clear communication - Mutual consent - Respect for boundaries and spiritual sovereignty Authenticity and Cultural Respect Practitioners are encouraged to: - Approach teachings with reverence - Honor cultural origins - Seek authentic guidance when available Safety and Emotional Readiness Participants should: - Be emotionally prepared - Engage in practices gradually - Seek support if needed --- Integrating Quodoushka into Daily Spiritual Practice Daily Rituals and Mindfulness Incorporate energy-awareness into daily life through: - Meditation - Breath exercises - Mindful intimacy 4 Creating Sacred Spaces Designate areas for practice with: - Sacred objects - Symbols - Sound or light elements Community and Learning Join networks or groups focused on: - Sacred sexuality - Nagual teachings - Spiritual growth --- Conclusion The sexual practices of quodoushka teachings from the nagual tradition offer a profound pathway to spiritual awakening, healing, and mastery. By elevating sexuality from purely physical acts to sacred rituals, practitioners harness the potent energy inherent in intimacy to catalyze personal transformation and connect with divine energies. These teachings emphasize

respect, intention, and consciousness, fostering a holistic approach to spiritual and sexual development. Whether approached as individual practice or within a community, quodoushka teachings serve as a powerful tool for those seeking to deepen their spiritual journey through the sacred act of love and connection. --- Keywords: quodoushka, nagual tradition, sacred sexuality, spiritual practices, energy exchange, tantric techniques, sacred union, spiritual awakening, healing, consciousness, indigenous teachings QuestionAnswer What are the key principles of the quodoushka teachings related to sexuality in the nagual tradition? The quodoushka teachings emphasize sacred sexuality as a path to spiritual awakening, viewing sexual practices as a means to connect with higher consciousness, harness energy, and achieve personal transformation within the nagual tradition. How does the nagual tradition interpret sexual energy in spiritual practice? In the nagual tradition, sexual energy is considered a powerful force that can be harnessed and transformed into spiritual energy, aiding in awakening consciousness and facilitating mystical experiences when practiced mindfully and with intent. Are there specific rituals or ceremonies involving sexuality in quodoushka teachings? Yes, certain rituals within the quodoushka teachings incorporate sacred sexual practices aimed at uniting energies, honoring divine aspects, and achieving spiritual insights, often conducted with strict reverence and awareness of their transformative potential. What is the role of consent and ethics in sexual practices according to the quodoushka teachings? Consent and ethical conduct are fundamental in quodoushka sexual practices, emphasizing respect, mutual consent, and sacredness of the experience to ensure spiritual integrity and safety for all participants. 5 How do quodoushka teachings address the concept of duality in sexuality? The teachings recognize duality in sexuality, viewing it as a divine interplay of masculine and feminine energies that can be balanced and harmonized to deepen spiritual connection and personal growth. Can practicing quodoushka sexual teachings lead to enlightenment or spiritual awakening? Many practitioners believe that when approached with mindfulness and reverence, quodoushka sexual practices can serve as powerful tools for awakening consciousness, leading toward enlightenment and deeper spiritual realization. Are there any dangers or misconceptions associated with the sexual practices of the quodoushka teachings? Yes, misconceptions can lead to misuse or superficial understanding, which may result in psychological or spiritual harm. Proper guidance, ethical practice, and respect for the teachings are essential to safely integrating these practices. How does the nagual tradition differentiate between sexual practices meant for spiritual growth versus those for physical pleasure? The nagual tradition distinguishes practices based on intent, emphasizing mindfulness, sacredness, and the pursuit of spiritual transformation over purely physical gratification, which is seen as secondary or complementary. Are modern practitioners integrating quodoushka

sexual teachings into contemporary spiritual practices? Yes, some modern practitioners are integrating quodoushka sexual principles into their spiritual routines, adapting ancient teachings to contemporary contexts while maintaining reverence and ethical boundaries. Where can one learn more about the sexual practices of the quodoushka teachings within the nagual tradition? Learning typically involves studying under experienced teachers, participating in sacred ceremonies, and exploring authentic texts and community teachings within the nagual tradition, always emphasizing respectful and ethical engagement. The Sexual Practices of Quodoushka Teachings from the Nagual Tradition: A Deep Dive The intersection of sexuality and spiritual practice has long been a focal point in many indigenous and esoteric traditions. Among these, the Quodoushka teachings—rooted in the Nagual tradition of the Southwestern United States—offer a profound and sacred approach to sexuality as a pathway to spiritual awakening, healing, and personal sovereignty. This exploration delves into the core principles, specific practices, and transformative potential of Quodoushka teachings concerning sexuality, illuminating their depth and significance. --- Introduction to Quodoushka and Nagual Traditions Origins and Context The Quodoushka teachings originate from the spiritual lineage of the ancient indigenous The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition 6 peoples of the Southwest, particularly the Navajo and other Puebloan cultures. These teachings were revitalized and adapted by modern spiritual teachers who recognized the profound power of sexuality as a sacred force. The Nagual tradition, associated with shamanic practices, emphasizes the fluidity of consciousness, personal sovereignty, and the unlocking of hidden potential. Core Philosophy At its essence, Quodoushka views sexuality not merely as a physical act but as a spiritual practice that connects individuals to the divine, to nature, and to their authentic selves. It emphasizes: - Sacredness of sexual energy - Personal sovereignty - Intentionality in sexual acts - The integration of spiritual and physical realms --- Foundational Principles of Quodoushka Sexual Practices Sex as a Sacred Power In Quodoushka teachings, sexual energy (often referred to as life force or prana) is seen as a potent force capable of healing, manifesting, and transforming. Sex is regarded as a sacred act that: - Connects individuals to their higher self - Facilitates the flow of divine energy - Is an act of honoring oneself and a partner Personal Sovereignty and Consent A central tenet is the affirmation of personal sovereignty—each individual's right to choose, consent, and set boundaries. Respecting boundaries is integral to maintaining the sacredness and integrity of sexual practices. Intentionality and Consciousness Practitioners are encouraged to approach sexuality with conscious intent, focusing on presence, awareness, and the purpose behind each act. This transforms sexual encounters into powerful spiritual rituals rather than routine physical acts. --- Key Sexual Practices in Quodoushka Teachings 1. Rituals of Sacred

Union These are ceremonial practices designed to elevate sexual connection into a spiritual experience. They often involve: - Setting sacred space with specific rituals or offerings - Intentional breathing and energy alignment - Visualizations to channel divine energy through the body - Mantras or prayers to invoke spiritual guidance Purpose: To turn sexual union into a vessel for healing, awakening, and divine communion. The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition 7 2. The Practice of Energy Exchange Practitioners learn to consciously exchange and circulate energy between themselves and their partners. Techniques include: - Chakra alignment exercises: Focusing on aligning the energetic centers before and during intimacy. - Breathwork: Synchronizing breathing to amplify energy flow. - Visualization: Imagining energy moving between partners, enhancing connection and potency. Outcome: Heightened awareness of energy dynamics and deeper intimacy. 3. The Use of Sacred Symbols and Rituals Symbols such as feathers, stones, or specific geometric shapes are used to enhance the sacredness of the act. Rituals may involve: - Smudging or purification ceremonies before intimacy - Creating altars or sacred spaces - Chanting or sound healing to activate energy channels 4. Breath and Body Awareness Techniques Breathing practices are fundamental, including: - Ujjayi breathing: Constricting the throat to create a conscious, audible breath - Circular breathing: Maintaining an unbroken flow of breath to sustain energy These techniques help to: - Keep the mind present - Extend and deepen sexual energy - Prevent orgasm from becoming merely physical 5. Orgasm as a Sacred State In Quodoushka, orgasm is not solely a climax but a conscious state of expanded awareness. Practices involve: - Tantric-style control: Extending and directing orgasmic energy throughout the body - Sustaining energy: Using techniques to delay or transform orgasm into spiritual ecstasy - Energy retention (Ojas or Jing cultivation): Preserving vital energy for healing and spiritual growth --- Deepening the Practice: Advanced Techniques and Principles 1. The Path of Sexual Alchemy This involves transforming sexual energy into higher states of consciousness through: - Microcosmic orbit meditation: Circulating energy through the body's meridians - Kundalini awakening: Using sexual energy to activate dormant spiritual energy along the spine 2. Sacred Contracts and Intentions Before engaging in sexual acts, practitioners often set sacred intentions, such as: - Healing specific emotional wounds - Connecting with divine aspects - Facilitating mutual The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition 8 growth These commitments deepen the purposefulness of the sexual act. 3. Transmutation and Energy Circulation Practitioners learn to transmute lower passions into higher spiritual energy, involving: - Circulating energy between the sexual centers and higher chakras - Transforming lust into divine love - Using visualization to elevate sexual energy into light or spiritual flame --- Healing and Personal Transformation through Quodoushka Sexuality 1.

Healing Emotional and Physical Wounds The sacred approach to sexuality in Quodoushka facilitates healing by: - Releasing shame, guilt, and trauma associated with sexuality - Restoring a sense of sacredness and self- worth - Integrating past wounds into a holistic spiritual identity 2. Cultivating Self-Love and Sovereignty Practices reinforce personal sovereignty, fostering: - Confidence in one's boundaries and desires - Acceptance of the body and sexual identity - Empowerment in choosing safe, respectful partners 3. Enhancing Intimacy and Connection This tradition promotes deep emotional and energetic bonds, cultivating: - Trust and vulnerability - Authentic communication - Mutual respect and shared sacred intent --- Ethical and Cultural Considerations Respect for Indigenous Roots It is vital to approach Quodoushka teachings with respect for their indigenous origins, honoring the cultural context and avoiding cultural appropriation. Consent and Boundaries The teachings emphasize that all practices are entered into consensually, with clear communication and respect for boundaries. Integration with Personal Values Participants are encouraged to adapt practices to their personal spiritual path, ensuring alignment with their values and intentions. --- The Sexual Practices Of Quodoushka Teachings From The Nagual Tradition 9 Conclusion: The Transformative Power of Quodoushka Sexuality The sexual practices embedded within Quodoushka teachings from the Nagual tradition offer a profound paradigm shift—transforming sexuality from a physical act into a sacred, spiritual journey. By honoring the divine nature of sexual energy, cultivating consciousness, and respecting personal sovereignty, practitioners open pathways to healing, self-discovery, and spiritual awakening. This approach invites individuals to reclaim their sacred power, deepen their connections—both with themselves and others—and explore the limitless potential of sexuality as a divine gift. Whether used for personal growth, healing, or spiritual evolution, the practices rooted in Quodoushka provide a rich, transformative framework grounded in ancient wisdom and modern awakening. --- Note: Engaging with these practices should be done with respect, intention, and, when appropriate, guidance from experienced teachers familiar with the tradition. quodoushka, nagual tradition, sexual practices, spiritual sexuality, shamanic rituals, sacred sexuality, consciousness expansion, esoteric teachings, spiritual awakening, indigenous spirituality

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every human being is by right a warrior who has achieved his place in the world in a battle of life and death look at it this way at least once as sperm we all fight the bullfight for life a unique contest against millions of other competitors and we win now the battle continues a warrior knows that there is no guarantee of triumph over death even so he fights his battle not because he believes he will win but because of the emotion of the war itself for him to give his war is already a victory and while he fights he rejoices because for those who have already died every second of life is a gift i love my children because they are deposits of my energy my wife because she washes my clothes she cooks and i catch her my dog because he takes care of the house my country because i was born here my god because he s going to save me the sorcerers have discovered the most refined form of love because they love themselves they have put the power of passion at the service of being and it gives them the impetus to undertake the only quest that counts that of oneself

in the book is made a new discovery change of wind direction quietly changes man s perception and the environment new wind brings certain thoughts and feelings known things and situations may turn on the other side and out of home another people and elements of the world begin to attract attention everyone can notice it calmed down in depth of self and shifting attention from thoughts and experiences outside there are 16 different winds corresponding to the 16 warriors in the nagual party

over the last century western portrayals of shamanism have changed radically toward an ethnopoetics of shamanism while shamanic practices had long been indirectly registered by westerners it is only since the late nineteenth century that they have

taken on symbolic import within discourses of primitivism and debates over magic and rationality

the wisdom in this life changing book has the power to replace fear with joy fear the source of all the negative agreements we ve made in life can alienate us from the joy that is our birthright when we are able to look at our lives and our worlds without fear or judgment we realize that this dream we are dreaming reality can be whatever we want it to be

in order to practice the four agreements before we can achieve the mastery of love we must move beyond fear fear is the source of all the negative agreements we ve made with life it can alienate us from the joy that is our birthright when we are able to look at our lives and our worlds without fear or judgments we realize that this dream we are dreaming reality can be whatever we want it to be don miguel ruiz is a nagual initiated as a master of intent in the toltec tradition seekers of the toltec way to freedom and joy follow a ritual procession along the main passageway in teotihuacan as they move beyond fear into a state of empowerment this comprehensive guide to the teachings of don miguel ruiz includes the basic elements of toltec wisdom and the spiritual practice that is the basis of the four agreements exercises and ceremonies to walk readers through the process of shedding fear judgment and guilt biographical information on don miguel ruiz and his training with his curandera mother the famous healer mother saritathe knowledge contained in this life changing volume has the power to replace fear with joy

the zapatista army for national liberation burst onto the world stage on 1 january 1994 zapatista commander subcomandante marcos announced a revolution and declared war on the mexican government and global capitalism since then the zapatistas have inspired thousands of activists across the world they have attracted much attention from political theorists and analysts despite this there is little consensus about the real nature and efficacy of the movement zapatistas provides a bold new approach to understanding the insurrection mentinis spent nine months visiting the zapatista autonomous zone and the result is this unique exploration of the indigenous political theory emerging within the movement combining this with an analysis of the integrity of the zaptista project mentinis draws on the concept of the event from badiou ideas from situationism the project of autonomy of cornelius castoriadis and the constituent power of antonio negri to present a rigourous account of the movement and the impact it has had on radical political theory

carry the rock is a memoir for every spiritual seeker who signs on for a shamanic apprenticeship with their whole heart and soul yet they find that something is wrong the apprenticeship feels like a failure but no one is talking what s an apprentice to do if

failure is not an option

this book provides unparalleled insight into ancient mysteries transcending reason and delivering visionary expansion this metaphysical masterpiece explores the origins of life as recorded in the holy libraries

carlos castaneda takes the reader into the very heart of sorcery challenging both imagination and reason shaking the very foundations of our belief in what is natural and logical don juan concludes the instruction of castaneda with his most powerful and mysterious lesson in the sorcerer s art a dazzling series of visions that are at once an initiation and a deeply moving farewell

the pitt rivers omnibus brings together the definitive essays and lectures of the influential social anthropologist julian a pitt rivers a corpus of work that has until now remained scattered untranslated and unedited illuminating the themes and topics that he engaged throughout his life including hospitality grace the symbolic economy of reciprocity kinship the paradoxes of friendship ritual logics the anthropology of dress and more this omnibus brings his reflections to new life holding pitt rivers s diversity of subjects and ethnographic foci in the same gaze this book reveals a theoretical unity that ran through his work and highlights his iconic wit and brilliance striking at the heart of anthropological theory the pieces here explore the relationship between the mental and the material between what is thought and what is done classic definitive and yet still extraordinarily relevant for contemporary anthropology pitt rivers s lifetime contribution will provide a new generation of anthropologists with an invaluable resource for reflection on both ethnographic and theoretical issues

carlos castaneda takes the reader into the very heart of sorcery challenging both imagination and reason shaking the very foundations of our belief in what is natural and logical the power of silence is castaneda s most astonishing book to date a brilliant flash of knowledge that illuminates the far reaches of the human mind through don juan s mesmerizing stories the true meaning of sorcery and magic is finally revealed honed in the desert of sonora the visions of don juan give us the vital secrets of belief and self realization that are transcendental and valid for us all it is castaneda s unique genius to show us that all wisdom strength and power lie within ourselves unleashed with marvelous energy and imaginative force in the teachings of don juan and in the writings of his famous pupil carlos castaneda

the publication of carlos castaneda s works on the teachings of don juan a yaqui indian seer was a momentous event in the history of esoteric literature at the time of their publication the author was engaged in the study of indian philosophy with special reference to the madhyamaka buddhism as formulated and expounded by nagarjuna

the author was struck by the profound similarities between the teachings of don juan and nagarjuna in particular concerning samvrti and paramartha of madhyamaka and the tonal and nagual of don juan and the concept of categorical frameworks this recognition on his part prompted him to compose the present work the author has chosen to write in a manner and style intelligible to the non specialiist and yet an inquiring reader the essential unity of human experience is clearly demonstrated by the fact that human beings widely separated in space time language and culture discern at their wisest the same fundamental truths concerning man and the world

hypnotic reading time from one of the most profound and influential thinkers of this century deepak chopra comes a powerful guide to understanding the mystical potential within us all dive into an extraordinary world where the boundaries between reality and the mystical dissolve in this masterful combination of action profound wisdom and the mysterious teachings of shamanism two years after his last meeting with don juan matus the yaqui indian sorcerer whose teachings inspired his provocative volumes on ancient mexican spiritual philosophy bestselling author carlos castaneda emerges from the abyss he plunged into at their final congress seeking pablito and nestor his fellow apprentices castaneda traces his steps back to mexico and discovers that pablito s mother once a classic maternal icon is now a student of don juan as castaneda struggles to overpower dona soledad s sorcery he faces the greatest test yet on his journey toward spiritual perfection and freedom whether you re searching for deeper meaning exploring spiritual philosophies or simply captivated by stories of human transformation the second ring of power will inspire challenge and enthrall you

fire from within is the author s most brilliant thought provoking and unusual book one in which castaneda under the tutelage of don juan and his disciples at last constructs from the teachings of don juan and his own experiences a stunning portrait of the sorcerer s world that is crystal clear and dizzying in its implications each of carlos castaneda s books is a brilliant and tantalizing burst of illumination into the depths of our deepest mysteries like a sudden flash of light like a burst of lightning over the desert at night which shows us a world that is both alien and totally familiar the landscape of our dreams

carlos castaneda takes us back into the heart of don juan s mystical world of sensation and perception revealing the ancient secrets of sorcerer s knowledge deep within the deserts and mountains the sixth book in the acclaimed series explores the mysterious force known as the eagle a cosmic entity that bestows and reclaims consciousness at birth don juan says a universal force gives each of us a spark of awareness which through careful discipline we must fight to retain beyond the end of

our lives through castaneda s vivid storytelling and philosophical depth readers are offered a transformative perspective on reality and self awareness this thought provoking book is essential for anyone yearning to unlock the mysteries of the universe and enrich their understanding of consciousness

comprehensive survey of american indian religion and tribal religions

the author of this book reveals the secret teachings of nagualism as they have been transmitted to him by don juan and by the death opponent carlos castaneda s masters subject of the book is the organic and systematic reconsideration of the topics discussed by carlos castaneda such as the perception s widening the art of stalking the practice of dreaming and the control of the intent the author does not confine himself to re present the teachings already developed in castaneda s works but thanks to the teaching he has been given he can bridge the gaps left by the well known anthropologist in castaneda s books in fact many topics remain pending for example only the first gates of dreaming and the first abstract cores are described so for the first time the three rules of the nagual the secret of the three recapitulations all eight gates of dreaming and all twenty one abstract cores are revealed

gospel of the open road reclaims ralph waldo emerson walt whitman and henry david thoreau as americas spiritual birthright it rescues them from literary history and reveals them in their true light as democracys prophets of the soul emerson whitman and thoreau were religious seers who developed a new form of spirituality and gospel of the open road explains in scholarly yet passionate fashion the deep wisdom that is their enduring legacy it presents them as a viable spiritual path for those who do not belong and do not want to belong to any organized religion but this book does more it draws fascinating parallels between the new spirituality taught by emerson whitman thoreau and ancient spiritual wisdom as found in shamanism goddess worship tantra taoism confucianism vajrayana and zen buddhism and hinduism this book is an evocative synthesis of humanitys most venerable spiritual wisdom and the most modern of philosophical social psychological political scientific and humanistic concepts it traces the new age spiritual revolution to its source in emerson whitman and thoreau and explains how to apply their spiritual teachings to our everyday life here on earth

a personal exploration of the conjunction between ancient mesoamerican prophesy and new age higher consciousness selected by the independent publisher s book awards as one of the top two new age books of the year explores ancient prophesies and their relevance in the contemporary world the incan and mayan cultures saw themselves as children of light descended from celestial realms and their prophecies foretell a time of great spiritual awakening they prophesied a time when the gateways

to higher consciousness would open once again that time is now award winning author judith bluestone polich draws on her extensive research in quantum physics archeoastronomy holography cosmology and pioneering studies of human consciousness to show how science and contemporary thought are consistent with this ancient knowledge as the ancients predicted the human god seed is beginning to awaken and modern civilization is finally beginning to perceive human potential in ways that the ancient cultures accepted as truth polich introduces techniques for awakening our own human potential through dreaming meditations and the power of sacred sites

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